

SPRING 2023



COCHF

BUILDING STRONG COMMUNITIES TOGETHER.

Education Event & COCHF Annual Meeting

Registration Package

Saturday, May 13, 2023
10:00am - 2:00pm

Delta Hotels Waterloo
110 Erb St. W
Waterloo, ON N2L 1T5

This is an accessible venue.

Door prizes, including two \$500 bursaries towards the costs incurred by a COCHF member co-op to send a representative to CHF Canada AGM in Ottawa

What's Inside:

- Conference Agenda
- Workshop Descriptions
- Speaker Profiles
- AGM Details
- Registration Form
- Fee Table / Payment Form
- **Please submit your registration by May 9, 2023**

This event is sponsored by:



Conference Agenda

9:00am - 10:00am **Morning Registration**
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10:00am - 12:00pm **Morning Workshops**
15 min break at 11:00am Register for one

Workshop A

Room for Everyone: Intergenerational Co-ops

Angie Armstrong & Sarah Burnett-Murray

In this interactive workshop, Angie and Sarah will examine the many facets of intergenerational co-ops and community development

Workshop B

Addiction and Mental Health: We Need Help with a Member!

Celia Chandler

A transparent discussion and workshop about addiction and mental health in co-op communities

12:00 noon - 1:00pm L ☒

1:00pm - 2:00 pm ☒

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2:00pm - 4:30pm **Afternoon Social**

Workshop A

Room for Everyone: Intergenerational Co-ops

In this interactive workshop, Angie and Sarah will examine the many facets of international co-ops. From creating an age-friendly environment, to strategic succession planning which fosters a symbiotic relationship between those young and those young at heart, this workshop will delve into ways to sustain healthy co-ops through diversity, inclusivity, acceptance, and ensuring there is room for all.

Speaker Bios



Angie Armstrong, CPCA, FRSA

Angie is a Certified Professional Consultant for the Aged, a Certified Facilitator for the Co-operative Housing Federations (GHCHF and CHF Canada), a Fellow of the Royal Society of Arts (UK) and a retired Cemetery and Funeral Pre-Planner. Angie has served on a number of Volunteer Boards for over two decades in Toronto and Hamilton, Ontario.



Sarah Burnett-Murray, M.A., AIHM Candidate

Sarah holds several post-secondary diplomas and degrees, and is a published author and poet. She has been involved in Co-op housing for as long as she can remember. She firmly believes in fostering the sharing of knowledge and community support within the sector which is what inspired her to become increasingly involved in 2013.

Workshop B

Addiction & Mental Health: We Need Help with a Member!

When Celia practised law, co-ops often called her to get advice on what they could do when a member's behaviour no longer met the community standard. Often that was because of a mental health disability. Celia will help workshop participants understand a co-op's Human Rights obligations to that member, the need for communities to be creative and show compassion when trying to accommodate mental health disability, and what options might be available to evict in those very extreme cases.

Speaker Bio



Celia Chandler, Deputy Executive Director, CHFT

For over 15 years, Celia has worked with housing co-ops on issues related to human rights and housing. You may know her from her previous role as a partner at Iler Campbell LLP, a law firm that serves housing co-ops. She left law at the end of 2022 and now holds the position of Deputy Executive Director of the Co-operative Housing Federation of Toronto and is a member at the Condo Authority Tribunal.

Registration Form

Co-op Details

Name of co-op: _____ Co-op office contact: _____

Co-op office email: _____ Co-op office phone: _____

Attendee Registration

Please register each attendee from your co-op. If you are registering more than 4 participants, print multiple copies of this page and include the co-op details.

Attendee Name: _____

Attendee email: _____ Attendee phone: _____

Workshop selection (choose one): **Workshop A Room for Everyone: Intergenerational Co-ops**
 Workshop B Addiction & Mental Health

Special requirements (food allergies, accesibility needs, etc.): _____

Attendee Name: _____

Attendee email: _____ Attendee phone: _____

Workshop selection (choose one): **Workshop A Room for Everyone: Intergenerational Co-ops**
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Fee Table

CATEGORY	COCHF MEMBER	NON-MEMBER
First Registration	\$80.00	\$110.00
Additional Registrations	\$70.00	\$100.00
Senior Registration (65+)	\$65.00	\$85.00
Youth Registration (18-35)	\$65.00	\$85.00

Payment Form

ENTER REGISTRANT NAMES	COST
1st:	\$
2nd:	\$
3rd:	\$
4th:	\$
5th:	\$
6th:	\$
TOTAL REGISTRATION FEE:	\$

REGISTRATION DEADLINE:

May 9, 2023

Please make cheques payable to COCHF.

Mail to:

COCHF
625 King St. East, Unit L3
Kitchener, ON N2G 4V4

Email to:

info@cochf.coop

Fax to:

519-579-2195

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